

YMCA HUMBER

Trustee Recruitment 2023

**‘Transforming lives throughout North
East Lincolnshire ’**



**Here for young people
Here for communities
Here for you**

Welcome

Message from our Chair of Trustees

During my last 8 years as chair here at YMCA Humber, I have been fortunate to be involved in some amazing projects and work alongside a fabulous group of trustees.

In 2022 we embarked on an updated three-year strategy and confirmed our key operating principles:

- Everything we do is exceptional quality.
- The people we support and engage with feel safe and always welcomed.
- Our developments and plans are built on need and have long term sustainability.
- We strive to develop an extended 'YMCA Family' which allows people to have a fair chance to discover who they are and what they can become.

As we enter 2023, we are looking to welcome new board members to help guide the organisation through our exciting journey, including the continued development of outstanding services for vulnerable people, the provision of aspirational accommodation, and the implementation of needs-based youth work.

Hopefully this booklet will provide you with an insight into our organisation and inspire you to consider becoming a member of our board of trustees. If you have the drive, commitment, and passion to truly make a difference to people's lives, and believe 'everyone should have a fair chance to discover who they are and what they can become', we would love to hear from you.

Best wishes
Stephen Gallaher

History of the YMCA

The YMCA originated out of prayer and bible study meetings of young male shop workers in the 1840's. George Williams, a draper's assistant, is acknowledged as its principal founder, and in 1844 the 'Young Men's Christian Association' was established in London. The motivation and drive of George Williams and his friends was a care for young men, which resulted in quick expansion to over 40 YMCA's in Europe and North Africa by 1855.



There are currently 101 YMCA's in England and in over 119 different countries, with over 2700 YMCA's in the United States of America alone. Today, YMCA's are known for the provision of housing to the most vulnerable, the provision of sporting and training activities, and the development of youth work and spirituality amongst young people.

History of YMCA Humber



Grimsby, Cleethorpes, and District YMCA, as it was then known, was founded in 1906 by Fred Bacon, a successful Fish Merchant in the town. Following a meeting with the British and Foreign Bible Society, the humble beginnings of YMCA Humber began in two rooms in a building on Heneage Road, Grimsby, where club activities took place.

Over the years the YMCA has adapted as the environment it has worked in has changed; this included providing sports facilities for young people in the 1930's and the development of a summer camp in the 1950's and 60's. Since the late 1960's the focus of the YMCA locally has been providing supported accommodation for vulnerable young people. In 1973, our Peaks Lane Hostel was opened on land donated by Michael Sleight.

In 2001, the Foyer project at Riby Square was opened, accommodating 26 young people.

YMCA Humber continues to draw on its Christian heritage and operates according to Christian beliefs, principles, and values.

What Do We Do?

Accommodation

YMCA Humber is a youth charity that supports anyone over 16 years old who has a local connection to North East Lincolnshire, and is at risk of homelessness.

We specialise in supported accommodation by providing residents with a safe environment which they can call a home, enabling individuals to grow and achieve their full potential.



21 Freeman Street

Providing a safe, comfortable home for up to 74 residents aged over 16. The building consists of 3 accommodation floors divided into 8 'clusters'. A cluster is a group of rooms arranged around a shared social space for residents, which includes cooking and laundry facilities.

1 Orwell Street

In 2022 this property was transformed into 26 self-contained studio flats. The property consists of 2 types of accommodation, semi-supported and affordable housing. Semi-supported is for those who are ready to live independently but still require some support. Affordable housing is for those who are in work.



Community House

We have three community houses, one is for young parents and their babies to provide a safe, supportive, and loving home for new parents. The other two houses provide intense support for residents who previously have not been able to live independently.



Family and Youth



Parent, Baby and Toddler Group

Since March 2022 we have been working in partnership with NSPCC and NELC to deliver a free parent, baby and toddler group. These take place every Monday, 9.30am - 11.30am, and 12.30pm - 2.30pm (except bank holidays), at our building on Freeman Street.

Youth Club

We run a free youth club to provide a safe space for children to spend their time after school, and during school holidays. We run a range of sports and wellbeing activities three times a week, suitable for ages 7+.



Grimsby Dads Collective

The Grimsby Dads Collective brings together fathers and carers, looking at how young dads are accessing essential services to help improve access to information and young father engagement.

Community Hub



The Bradbury Café

Our café is open to the public Monday - Friday, 9am - 3pm. We welcome everyone to pop in for good quality food and drink, which is also available to takeaway.

Conferencing

We have a great space to host meetings and events. Individuals and organisations have the choice of The Weston Hall (holds 100 people), our meeting room (holds 12 people), Orwell Street (holds 30 people) and The Bradbury Café (holds 55 people).



Reflecting on 2022



212 people supported across our Freeman Street accommodation

72 emergency placements

7 supported care leavers

64 positive move-ons

205 kids signed up to our youth club

360 hours of youth club were delivered



581 hours of one-to-one counselling delivered

27 people completed our Mental Health programme

418 conferences held

29 people attended our free pensioner's lunch



24 people volunteered



16 of these being residents

1795 hours of volunteering has been completed

5 volunteers have completed a qualification

128 families have attended our parent and toddler group on a regular basis



Strategic Plan (2022 - 2024)

As a trustee of YMCA Humber, you will help shape the organisations strategic plan in the following areas:

Strategy One

*‘Provide exceptional **Accommodation and Support** within NE Lincolnshire for single people aged over 16. Whilst we will focus our attention on early intervention for young people we will not exclude anyone from our services based on age.’*

- Use our existing pathway model to ensure we have the correct number of units at all stages of the pathway – Housing first / 24/7 support / semi supported living / independent living.
- Ensure everything we do with residents creates a culture where every resident is expected to be moving towards education, training, volunteering, or employment.
- Our model is financially self-sustaining and agile enough to respond to changes in funding.

Strategy Two

*‘Extend our ‘YMCA family’ to cover targeted **Family and Youth work** within North East Lincolnshire.’*

- All our youth and family work will be focussed on identified gaps or to support existing partners develop services.
- Our youth work will support and develop skills and aspirations in young people which will give them a solid foundation as they move towards adulthood.
- We will leave a legacy of recruiting, training and developing a pool of exceptional youth workers to support North East Lincolnshire.
- We will not shy away from larger ventures if they present themselves and they meet our core operating principles.

Strategy Three

‘Generate enough income to support the sustainability of our non-accommodation elements of our business.’

- We continue to develop our café, conferencing and room hiring facilities.
- We will proactively apply for funding to support sustainability of our priorities.
- Secure a long term outside space and funding to deliver sports, health and wellbeing activities for residents, youth clubs, and local partners.

The Role of a Trustee at YMCA Humber

Skills

Do you have one or more of the following skills?

- Corporate engagement & business partnerships
- Income generation
- Experience of working with youth/vulnerable people
- Finance and governance

Your commitment to us

- Support the senior leadership team and staff in specifically identified projects.
- Using your skills and experience to support the development of the 2022 – 2024 strategic plan.
- Be a proactive advocate for YMCA Humber within the region.
- Prepare for and attend board and sub-committee meetings.
- Role model the values of the organisation.

Our commitment to you

- An opportunity to shape the future of a dynamic and progressive organisation.
- A personally tailored development plan to support personal and professional progression.
- Opportunity to engage in meaningful and progressive partnership working within the locality.
- To always provide a warm welcome, a respectful and fun environment, and the ability to truly make a long-term difference to people's lives.

Purpose of the role

- Ensuring the charity has a clear vision, mission and strategic direction and is focused on achieving these.
- Being responsible for the performance of the charity and for its “corporate” behaviour.
- Provide ongoing constructive scrutiny and challenge.
- Ensuring that the charity complies with all legal and regulatory requirements.
- Acting as guardians of the charity’s assets, both tangible and intangible, taking all due care over their security, deployment and proper application.
- Ensuring that the charity’s governance is of the highest possible standard.
- To understand and agree the principles, values and ethos of YMCA Humber, and ensure that these are reflected in the work of the board and activities of the association.
- To attend all meetings and actively participate in the work of the board.

Time & Location

- Regular contact including board and committee meetings.
- Primarily Grimsby based with scope to travel within the Humber region.

How to apply

Thank you for your interest in YMCA Humber. We would really love to chat to you about this exciting voluntary opportunity. Please contact Kate on **01472 403020**.

To apply, please send your CV with a covering note of no more than 2 pages to **kate.conway@ymca-humber.com**

Please note that this role requires an enhanced DBS check to be carried out.



‘Everyone should have a fair chance to discover who they are and what they can become’

To find out more about YMCA Humber, head to
ymca-humber.com

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YMCA

**Here for young people
Here for communities
Here for you**

YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.

FAMILY & YOUTH WORK

HEALTH & WELLBEING

HOUSING

TRAINING & EDUCATION

SUPPORT & ADVICE