

YMCA HUMBER

Trustee Treasurer Recruitment Pack

**‘Transforming lives throughout North
East Lincolnshire ’**

YMCA

**Here for young people
Here for communities
Here for you**

YMCA Humber is excited to put forward an open call for people interested in becoming a trustee with us. Trustees are volunteers who oversee everything a charity does, from setting the strategy, to being responsible for the work and finances, without delivering the operations day-to-day.

They make sure that the charity is run in the interests of the people it is there to support. They strategically oversee the management and administration of the organisation in a legal voluntary position. Our trustees all have the enthusiasm and commitment to helping young people and families.

YMCA Humber is a youth charity that supports anyone over 16 years old who is at risk of homelessness, living in North East Lincolnshire. We specialise in supported accommodation for young people by providing them with a safe environment which they can call a home. Alongside providing accommodation, we also deliver services in health and wellbeing, support and advice and youth and family.



Welcome

Message from our Chair of Trustees

During my last 9 years as chair here at YMCA Humber, I have been fortunate to be involved in some amazing projects and work alongside a fabulous group of trustees.

In 2022 we embarked on an updated three-year strategy and confirmed our key operating principles:

- Everything we do is exceptional quality.
- The people we support and engage with feel safe and always welcomed.
- Our developments and plans are built on need and have long term sustainability.
- We strive to develop an extended 'YMCA Family' which allows people to have a fair chance to discover who they are and what they can become.

As we enter 2024, we are looking to welcome new board members to help guide the organisation through our exciting journey, including the continued development of outstanding services for vulnerable people, the provision of aspirational accommodation, and the implementation of needs-based youth work.

Hopefully this booklet will provide you with an insight into our organisation and inspire you to consider becoming a member of our board of trustees. If you have the drive, commitment, and passion to truly make a difference to people's lives, and believe 'everyone should have a fair chance to discover who they are and what they can become', we would love to hear from you.



Best wishes

Stephen Gallaher, Chair of the Board of Trustees

History of the YMCA

The YMCA originated out of prayer and bible study meetings of young male shop workers in the 1840's. George Williams, a draper's assistant, is acknowledged as its principal founder, and in 1844 the 'Young Men's Christian Association' was established in London. The motivation and drive of George Williams and his friends was a care for young men, which resulted in quick expansion to over 40 YMCA's in Europe and North Africa by 1855.



There are currently 101 YMCA's in England and in over 119 different countries, with over 2700 YMCA's in the United States of America alone. Today, YMCA's are known for the provision of housing to the most vulnerable, the provision of sporting and training activities, and the development of youth work and spirituality amongst young people. YMCA Humber is a federated member of YMCA England and Wales.

History of YMCA Humber



Grimsby, Cleethorpes, and District YMCA, as it was then known, was founded in 1906 by Fred Bacon, a successful Fish Merchant in the town. Following a meeting with the British and Foreign Bible Society, the humble beginnings of YMCA Humber began in two rooms in a building on Heneage Road, Grimsby, where club activities took place.

Over the years the YMCA has adapted as the environment it has worked in has changed; this included providing sports facilities for young people in the 1930's and the development of a summer camp in the 1950's and 60's. Since the late 1960's the focus of the YMCA locally has been providing supported accommodation for vulnerable young people. In 1973, our Peaks Lane Hostel was opened on land donated by Michael Sleight.

In 2001, the Foyer project at Riby Square was opened, accommodating 26 young people.

YMCA Humber continues to draw on its Christian heritage and operates according to Christian values.

What Do We Do?

Accommodation

YMCA Humber is a youth charity that supports anyone over 16 years old who has a local connection to North East Lincolnshire, and is at risk of homelessness.

We specialise in supported accommodation by providing residents with a safe environment which they can call a home, enabling individuals to grow and achieve their full potential.



21 Freeman Street

Providing a safe, comfortable home for up to 74 residents aged over 16. The building consists of 3 accommodation floors divided into 8 'clusters'. A cluster is a group of rooms arranged around a shared social space for residents, which includes cooking and laundry facilities.

1 Orwell Street

In 2022 this property was transformed into 26 self-contained studio flats. The property consists of 2 types of accommodation, semi-supported and affordable housing. Semi-supported is for those who are ready to live independently but still require some support. Affordable housing is for those who are in work.



Mother and Baby House

Our community house provides young parents and their babies with a safe, supportive, and loving home for new parents.



Community

Parent, Baby and Toddler Group



We run a free parent, baby and toddler group every Monday (except bank holidays) at our building on Freeman Street.

Free play
9.30am – 11.30am
Themed activity session
1pm – 2pm

Youth Club



We run a free youth club to provide a safe space for children to spend their time after school, and during school holidays. We run a range of sports and wellbeing activities three times a week, suitable for 7-16-year-olds.

Dads United



‘Dads United’ is a wellbeing project available for any dads aged over 16 who have children under the age of 18.

The project takes a three-pronged approach- “Us as Dads, Me as a Dad, and Being a Dad”.

“Us as Dads” - a fortnightly peer support group.
“Me as a Dad” - 1-2-1 counselling and wellbeing support
“Being a Dad” - Wellbeing, skills and personal development sessions.

Health and Wellbeing



We provide a variety of free health and wellbeing services to our residents and the community which we have been able to offer through funding. These drop-in sessions include a programme around healthy relationships, a creative therapy group session, and ‘tea and talk’

which is part of the YMCA England and Wales mental health campaign ‘small talks’.

The Bradbury Café



Our café is open to the public Monday - Friday, 9am - 3pm. We welcome everyone to pop in for good quality food and drink, which is also available to takeaway.

Conferencing



We have a great space to host meetings and events. Individuals and organisations have the choice of The Weston Hall (holds 100 people), our meeting room (holds 12 people), Orwell Street (holds 30 people) and The Bradbury Café (holds 55 people).

Multi-Use Games Area



In August 2023 we purchased a multi-use games area on Kent Street which is currently being renovated for our youth and family services. The current space is being transformed into a vibrant sports hub for the local community, including 3G pitches.

Reflecting on 2023

191 people spent at least one night in Freeman Street



58 were emergency placements

58 positively moved-on

7 people spent at least one night at the parent and baby house



38 residents have been accommodated in Orwell Street



306 children have signed up to our youth club

We have delivered **260** youth club sessions

We have delivered **17** support groups for dads

We have supported **14** dads



579 hours of one-to-one counselling has been delivered

23 mental health workshops and drop-ins were offered to residents

Strategic Plan (2022 - 2024)

As a trustee of YMCA Humber, you will help shape the organisations strategic plan in the following areas:

Strategy One

*'Provide exceptional **Accommodation and Support** within NE Lincolnshire for single people aged over 16. Whilst we will focus our attention on early intervention for young people we will not exclude anyone from our services based on age.'*

- Develop impact measures to evaluate residents' journey both whilst living with us and as they move on.
- Explore and pursue the provision of additional multi-tenure residential accommodation within the North East Lincolnshire area.
- We will provide a simple, structured approach to supporting residents who are not in education, employment or training, including in-house volunteering opportunities.
- All our resident development activities will contribute to either physical or mental wellbeing or learning and skills development.

Strategy Two

*'Extend our 'YMCA family' to cover targeted **Family and Youth work** within North East Lincolnshire.'*

- Secure funding and deliver HAF sessions in Easter, Summer holidays and Christmas 2024, ensuring all our activities contribute to either physical or emotional wellbeing, developing new skills or connecting with new people / places.
- Continue to develop our 'dads' network' to offer peer support and counsellor-led health and wellbeing activities.
- Develop a blended service offering a variety of funded, free, and commissioned services that meet the needs of the local community.
- Deliver the Humber PCC contract to reduce ASB through a diverse offering to the older teens who use the skatepark.

Strategy Three

'Generate enough income to support the sustainability of our non-accommodation elements of our business.'

- Ensure the MUGA is fully refurbished to maximise income through commercial usage and support free community usage.
- Develop a network of corporate partners to support projects and provide opportunities for skills' development.
- Establish YMCA Humber Ltd and associated VAT processes and develop YMCA Humber Ltd services to achieve budgetted income.
- Actively pursue non-accommodation contracts using our facilities and bookings management skills.
- Generate regular income from Orwell Street ground floor.

Trustee Recruitment

- Minimum 18-years-olds
- 6 board meetings and 6 sub-committee meetings a year 
- 4-6 hours (approximately) a month 
- Must join either the finance and development, people and policy, or transformation committee
- Appointments are for an initial 3 year term, renewable by agreement with the board for a further 3 years

Trustee Benefits

- Giving back to the communities through meaningful input and leadership development
- Travel reimbursed to attend meetings 
- Skills development
- Network locally, nationally, and internationally
- Learn about governance and charity 
- Making a demonstrable impact
- Strategic experience

Trustee Skills

Primarily, applicants should have enthusiasm and commitment to help young people and the east marsh community. While not a requirement of applications, we are also particularly interested in hearing from applicants with experience in:

- Law
- Finance
- Housing regulations
- Youth development
- Safeguarding
- Corporate governance

Responsibilities

- Provide strategic leadership and support for YMCA Humber
- Agree vision and strategy
- Ensure good governance and accountability
- Make best use of human, financial and property resources
- Maximise YMCA's impact in meeting needs
- Take part in YMCA events and activities
- Encourage, praise, support and thank staff and volunteers
- Promote YMCA and its work within the community
- Uphold the Christian values of YMCA, and promote its mission and objectives

Interested in joining us?

Initially we'd like to set-up an informal conversation prior to completing any application.

To arrange a chat, please email kate.conway@ymca-humber.com with a short introduction, why you are interested and if you have any initial questions. Kate will be able to help you or be able to pass you onto one of our current trustees to share their experiences.

After this, if you feel that a trusteeship with YMCA Humber would be a good fit for you, we'll invite you to submit a personal statement and complete our short application form, that will be reviewed by the current board of trustees. There's some other paperwork, such as completing a DBS check and signing our Board Member Declaration of Commitment.

Finally, you will be invited to join a board meeting for a shared dialogue before a vote is taken by the board on your appointment.





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To find out more about YMCA Humber, head to ymca-humber.com

Follow us on



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YMCA

Here for young people
Here for communities
Here for you

YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.

FAMILY & YOUTH WORK

HEALTH & WELLBEING

HOUSING

TRAINING & EDUCATION

SUPPORT & ADVICE