



Here for young people
Here for communities
Here for you

WHAT WE DO AT YMCA HUMBER





History of the YMCA

The YMCA originated out of prayer and bible study meetings of young male shop workers in the 1840's. George Williams is acknowledged as its principal founder, and in 1844 the 'Young Men's Christian Association' was established in London.

There are currently 101 YMCAs in England and in over 119 different countries.

Today, YMCAs are known for the provision of housing to the most vulnerable, the provision of sporting and training activities, and the development of youth work and spirituality amongst young people.



History of YMCA Humber



YMCA Humber began in two rooms in a building on Heneage Road, Grimsby, where club activities took place. Over the years the YMCA has adapted as the environment it has worked in has changed; this included providing sports facilities for young people in the 1930's, and the development of a summer camp in the 1950's and 60's.

In 1973, our Peaks Lane Hostel was opened, and in 2001, The Foyer project at Riby Square was opened, accommodating 26 young people.

Accommodation

YMCA Humber is a youth charity that supports anyone over 16 years old who has a local connection to North East Lincolnshire, and is at risk of homelessness.

We specialise in supported accommodation by providing residents with a safe environment which they can call a home, enabling individuals to grow and achieve their full potential.



21 Freeman Street

Providing a safe, comfortable home for up to 74 residents aged over 16. The building consists of 3 accommodation floors divided into 8 'clusters'. A cluster is a group of rooms arranged around a shared social space for residents, which includes cooking and laundry facilities.

1 Orwell Street

In 2022 this property was transformed into 26 self-contained studio flats. The property consists of 2 types of accommodation, semi-supported and affordable housing. Semi-supported is for those who are ready to live independently but still require some support. Affordable housing is for those who are in work.



Community Houses

We have three community houses, one is for young parents and their babies to provide a safe, supportive, and loving home for new parents. The two other houses provide intense support for residents who previously have not been able to live independently.



Robin & Maria's

Story



YMCA Humber first met Robin in August 2019 when he needed help with his accommodation. Robin is deaf so there was a communication barrier with some staff until he met Lucy who became his coach, she is qualified in British Sign Language. We then met Maria in September 2020 who also needed help with her accommodation, she had a short stay with us before moving into her own flat, but then needed help again in June 2021 when she moved back into YMCA.

During their stay at YMCA, both were supported in the areas they needed to eventually move on into their own place. They both gave so much of their time to YMCA Humber by volunteering in our café and getting involved in many trips and activities. Robin and Maria met whilst living at the YMCA and formed a relationship.

Due to Robin's communication barrier, it took quite some time to find him the right place to live. He was worried about leaving the support that he had, that he hadn't ever experienced before. He didn't know how he would cope living in his own place, but when he found out the YMCA could help support Robin and Maria to move into their own place together, he felt more at ease.

In October 2022, Robin and Maria finally moved into their own house! Robin was pleased to learn that he could still receive floating support from the staff at YMCA even after moving out. Robin accesses this support every week. Both are planning on coming back to volunteer in our community café after Christmas. Robin and Maria have grown so much during the time we have known them and are so proud of their home which they have decorated beautifully.

Family & Youth



Parent, Baby and Toddler Group

Working in partnership with NSPCC and NELC we run a free parent, baby and toddler group every Monday, 9.30am - 11.30am, and 12.30pm - 2.30pm (except bank holidays), at our building on Freeman Street.

“YMCA is a clean, safe, and welcoming space to go to. The group has given us a base to develop friendships and speak face-to-face with other mums. We’ve watched our babies grow together in the time the baby and toddler group has been running, it’s been something really special to us.”
Angel Farmer, parent from our toddler group

Youth Club

We run a free youth club to provide a safe space for children to spend their time after school, and during school holidays. We run a range of sports and wellbeing activities three times a week, suitable for ages 7+.



The youth club...

“Is a safe place I can play with my friends”

“Makes me fit and healthy”



Grimsby Dads Collective

The Grimsby Dads Collective brings together fathers and carers, looking at how young dads are accessing essential services to help improve access to information and young father engagement.

Community Hub



The Bradbury Café

Our café is open to the public Monday - Friday, 9am - 3pm. We welcome everyone to pop in for good quality food and drink, which is also available to takeaway.

Conferencing

We have a great space to host meetings and events. Individuals and organisations have the choice of The Weston Hall (holds 100 people), our meeting room (holds 12 people), Orwell Street (holds 30 people) and The Bradbury Café (holds 55 people).



Step to Success Volunteer Programme



Step to Success is a new volunteer programme launched in January 2023.

The aim of this programme is to provide our residents with the opportunity to gain the skills, knowledge, and experience to step into employment. The programme is made up of four pathways: Youth and Community, Hospitality, Horticulture, and Caretaker.

Organisations and individuals can sponsor our residents which will enable them to get work ready.

“ I want to encourage residents to volunteer as I believe this helped me grow as a person, and was the stop gap I needed to get back into employment. I went through a similar situation as some of our residents, and now I know I can support them. ”

Ex-resident



‘Everyone should have a fair chance to
discover who they are and what they can become’

Find out more about YMCA Humber:
ymca-humber.com

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YMCA

**Here for young people
Here for communities
Here for you**

YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.

FAMILY & YOUTH WORK

HEALTH & WELLBEING

HOUSING

TRAINING & EDUCATION

SUPPORT & ADVICE