

Sessional Counsellor

- Hours:** As required
- Contract:** Relief
- Band:** 3 or 4 depending on experience
- Salary:** £10.66 – 11.67 depending on experience



YMCA Humber is a youth charity that specialises in supported accommodation for over 100 people in communities around North-East Lincolnshire. We also provide mental health support and youth activities to support young people across the Humber and the residents of our supported accommodation.

The key element of this role is to provide professional counselling, support and guidance to YMCA Humber's residents and clients. Working under the supervision of the Mental Health Officer you will be required to provide both 1:1, small group counselling sessions and enhance engagement activities with support and guidance for both mental and physical well-being.

To be successful in this role it is essential you have the following skills and experience –

- A practising degree in counselling studies.
- BACP membership.
- A counselling supervisor
- Experience in delivering group sessions.
- Evidence of CPD.

In addition, experience in some or all the following areas would be very advantageous –

- A qualification in CBT.
- Trauma informed training / experience.
- Able to work creatively.
- A knowledge of substance misuse and impacts.
- A detailed understanding of attachment theories and impacts.
- Knowledge of Transactional Analysis.
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To apply for this role please email Kate.conway@YMCA-Humber.com with a CV and a supporting statement by Monday 1st March 2021. Please note an enhanced DBS is required for this role.



YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.